



SURGERY NEWS

Spring Edition - 2013

Tel: 01752 667623 Email: adelaidest.surgery@nhs.net
www.adelaidestreetsurgery.co.uk

Hospital Referrals

If the Doctor has said they will refer you to the hospital please ensure you go to the reception desk before leaving the surgery to collect a patient referral information letter for you to keep.

Also it is important we have your correct height, weight and blood pressure reading in order to send the referral to the hospital. Without this information the referral will be rejected and will delay potential treatment and an unnecessary trip back to the surgery in order to collect this information.



WELCOME

I am sure you will all join us in welcoming Dr Doug Macready to the practice. He has taken over as a GP Partner along side Dr Loopstra since Dr Aughey's retirement.

Dr Sue Law has been working at the surgery on a locum basis over the last few of months. However, from April 2013 she will be a salaried GP with the practice.



HAYFEVER

Hay fever is caused by an allergy to grass or pollens.

Common symptoms are a runny and itchy or blocked nose, sneezing, itchy and watery red eyes and an itchy throat. In some cases only nose symptoms occur, and in some cases only the eye symptoms occur. The commonly used treatment options for hay fever are antihistamine tablets. These are available over the counter at chemists and supermarkets. Other treatments are available on prescription for severe cases.



NHS Dentist

NHS Dentists in Plymouth are taking on new patients. Anyone can make an appointment for a check-up. NHS treatment is free if you are under 18, under 19 and in full time education, pregnant or receiving certain benefits. Normal charges apply for other NHS patients.

To find your local NHS dentist please visit:

www.plymouthpct.nhs.uk

Or Call: 01752 434111 or email:



Children's Surgery



At 4pm daily, we run a children's surgery. This is for children who have developed an illness over the last 24 to 48 hours. Not for any longer term illnesses or behaviour problems. Please make sure you are at the surgery by 4pm.

20 Adelaide Street
Stonehouse
Plymouth
Phone: 01752 667623

CARERS

Just a reminder to you carers that there are 'Carers Identification and Referral Form's' at Reception and there is also a number to ring

PLYMOUTH CARERS SUPPORT SERVICE
on 01752 201766.

Surgery Hours

Just a reminder that surgery hours are Monday to Friday, 9am to 6pm.

Any phone calls outside those hours will direct you to alternative services.