



# SURGERY NEWS

Autumn Edition - 2012

Tel: 01752 667623 Email: [adelaidest.surgery@nhs.net](mailto:adelaidest.surgery@nhs.net)

## FLU TIME AGAIN!!

Flu vaccination time is here again. This year the normal seasonal flu is combined with H1N1 (Swine Flu) as it has been in previous years. If you fall within the following at risk groups you are entitled to a flu vaccination:

### PREGNANT WOMEN

### ALL PATIENTS 65 YEARS AND ABOVE

### 6 MONTHS – 65 YEARS IN AN AT RISK GROUP

### AT RISK GROUPS:

- COPD
- ASTHMATICS – If on 2 inhalers or if admitted to hospital
- HEART PATIENTS—including Stroke & TIA
- HYPERTENSIVE – ONLY with cardiac complications
- RENAL PATIENTS (CKD)
- LIVER DISEASE
- ALL DIABETICS
- IMMUNOSUPPRESSED—including family members living at same address
- CHEMOTHERAPY—if still under going treatment
- HIV PATIENTS
- SPLEENECTOMY

### CARERS – Registered carer's within the practice

Any patients employed as a carer are to be vaccinated by their employer/occupational health team

### RISK OF SERIOUS ILLNESS FROM FLU ITSELF OR INFLUENZA EXACERBATING ANY UNDERLYING DISABILITY

**LONG STAY CARE FACILITIES** – This does not include prisons, young offenders institutes or University Halls of Residence

### BOOK YOUR APPOINTMENT NOW IN ONE OF OUR FLU CLINICS



## MISSED APPOINTMENTS

Please can you ensure you contact the surgery in good time if you cannot attend an appointment with the Doctors, Nurses or the Healthcare Assistant. On average a month at least 2 days worth of consulting time is wasted due to patient's not attending appointments which I am sure you would agree is a lot of valuable time.

Appointments are always in demand and become very frustrating when patients do not turn up knowing we could have offered them to someone else.



## NEW DOCTOR'S

We are pleased to announce that 2 new Doctors will be joining us from Wednesday 2nd January 2013. They are Dr Douglas Macready and Dr Susan Law, Dr Loopstra will also be with us. Purely for a tick box reason all patients within the practice will be under Dr Loopstra, however you can see any Doctor you wish when arranging your appointment. The 2 Doctors will be replacing Dr Aughey who will be retiring completely from medicine. Although we feel very sad to lose Dr Aughey we would like to wish him a very happy retirement and thank him for all his hard work at Adelaide Street Surgery and Stonehouse since 1988. He will be greatly missed.

Andrea— Practice Manager

## Children's Surgery

At 4pm daily, we run a children's surgery. This is for children who have developed an illness over the last 24 to 48 hours. Not for any longer term illnesses. Please make sure you at the surgery by 4pm.

It is advisable to always keep a bottle of sugar free Paracetamol in stock at home also.



20 Adelaide Street  
Stonehouse  
Plymouth  
Phone: 01752 667623

E: [adelaidest.surgery@nhs.net](mailto:adelaidest.surgery@nhs.net)  
W: [www.adelaidestreetsurgery.co.uk](http://www.adelaidestreetsurgery.co.uk)