

SURGERY NEWS

Autumn Edition - 2011

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FLU TIME AGAIN!!

Flu vaccination time is here again. This year however normal seasonal flu is combined with H1N1 (Swine Flu). If you fall within the following at risk groups you are entitled to a flu vaccination:

PREGNANT WOMEN

ALL PATIENTS 65 YEARS AND ABOVE

6 MONTHS – 65 YEARS IN AN AT RISK GROUP

AT RISK GROUPS:

- COPD
- ASTHMATICS – If on 2 inhalers or if admitted to hospital
- HEART PATIENTS—including Stroke & TIA
- HYPERTENSIVE – ONLY with cardiac complications
- RENAL PATIENTS (CKD)
- LIVER DISEASE
- ALL DIABETICS
- IMMUNOSUPPRESSED—including family members living at same address
- CHEMOTHERAPY—If still under going treatment
- HIV PATIENTS
- SPLEENECTOMY



CARERS – Registered carer's within the practice

Any patients employed as a carer are to be vaccinated by their employer/occupational health team

RISK OF SERIOUS ILLNESS FROM FLU ITSELF OR INFLUENZA EXACERBATING ANY UNDERLYING DISABILITY

LONG STAY CARE FACILITIES – This does not include prisons, young offenders institutes or University Halls of Residence

BOOK YOUR APPOINTMENT NOW IN ONE OF OUR FLU CLINICS

MMR CATCH UP CAMPAIGN

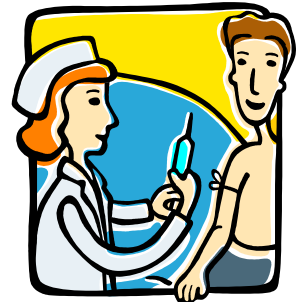
Due to recent outbreak of measles in France and subsequently in Devon, the Department of Health have recommended an MMR catch up campaign.

DO YOU FALL INTO ANY OF THESE CATEGORIES?

- Children aged between 5 and 18 years of age.
- individuals over 18 years leaving school to go to higher education or other further education establishments.
- patients aged 19 – 30 are temporarily included in the catch-up programme until 31st October 2011.
- A man working in an antenatal setting.

If you have not had a complete course of MMR (2 injections in total) you are eligible for an MMR injection. Unfortunately if you have had a single measles injection or a combined measles and rubella injection in the past, this is not sufficient cover and an MMR combined injection is recommended.

Please make an appointment with the Practice Nurse at your earliest convenience.



CARERS

Just a reminder to you carers that there are 'Carers Identification and Referral Form's' at Reception and there is also a number to ring

PLYMOUTH CARERS SUPPORT SERVICE on 01752 201766.

For Younger Carers Please ring 206626.

20 Adelaide Street
Stonehouse
Plymouth
Phone: 01752 667623

Children's Surgery

At 4pm daily, we run a children's surgery. This is for children who have developed an illness over the last 24 to 48 hours. Not for any longer term illnesses. Please make sure you are at the surgery by 4pm.

